



30th Annual Law Day 5K

Saturday, May 18, 2013

Ventura County Government Center
 8:30 A.M. – 5K RACE; 9:30 A.M. – ONE MILE FAMILY FUN RUN

GO TO WWW.LAWDAY5K.COM FOR INFO

Proceeds Benefit Legal Services for the Needy

\$2,000 IN PRIZE MONEY!!

(No Double Prizes)

CHIP TIMING, AWESOME RAFFLE PRIZES & MORE!!

FREE BREAKFAST BURRITOS MADE ON SITE COMPLIMENTS OF



LIMITED TO FIRST 500 ENTRIES!!

REGISTRATION ENTRY FORM (OR ENTER AT WWW.ACTIVE.COM)

Last Name: _____ First Name: _____

Street Address: _____ Apt. No. _____

City: _____ State: _____ Zip: _____

Phone: _____ - _____ - _____ E-mail: _____

Date of Birth: _____ Sex: Male Female T-SHIRT SIZE: S M L XL XXL

REGISTRATION FOR (CHECK ONE BOX ONLY):

5K RUN DIVISION 6-13 14-18 19-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+

5K WALKER DIVISION Male Female Under 13 } No Prize Awards
1 MILE FUN RUN DIVISION Parent Child

ENTRY FEES:	Early Bird	After May 11, 2013
Adult	\$30	\$40
Under 13	\$10	\$20

Please make check payable to VCBA and mail to:
 Ventura County Bar Association
 4475 Market Street, Suite B
 Ventura, CA 93003 Phone: (805) 650-7599

In consideration of your accepting this entry, I, the undersigned, for myself, my heirs, executors, administrators, and representatives, hereby waive, release, and discharge any organizations affiliated with the Law Day 5K Run/Walk, including but not limited to the VCBA, the County of Ventura, the City of Ventura, USA Track & Field, and their committees, directors, representatives, agents, volunteers, successors, and assigns from any and all injuries or damages suffered by me in this event, including pre and post race activities. I represent and warrant that I am physically fit and have sufficiently trained for competition in the Law Day 5K Run/Walk & 1 Mile Family Fun Run.

Signature of Participant (Parent/Guardian if under 18) _____ Date: _____

(REQUIRED)