

VCBA 28TH ANNUAL
LAW DAY



THE FLATTEST, FASTEST 5K IN THE WEST
RUN / WALK
5 / 21 / 2011

Saturday, May 21, 2011

Ventura County Government Center

8:30 A.M. START - 5K; 8:35 A.M. START - WALK

9:15 A.M. — 1 MILE FAMILY FUN RUN

GO TO WWW.LAWDAY5K.COM FOR INFO

Proceeds Benefit the Ventura County Bar Association's
Non-Profit Volunteer Lawyers Services Program

\$2,000 IN PRIZE MONEY!!

CHIP TIMING, AWESOME RAFFLE PRIZES & MORE!!

**FREE BREAKFAST BURRITOS MADE
ON SITE COMPLIMENTS OF**



LIMITED TO FIRST 600 ENTRIES!!

REGISTRATION ENTRY FORM (OR ENTER AT WWW.ACTIVE.COM)

Last Name: _____ First Name: _____

Street Address: _____ Apt. No. _____

City: _____ State: _____ Zip: _____

Phone: _____ - _____ - _____ E-mail: _____

Date of Birth: _____ Sex: Male Female T-SHIRT SIZE: S M L XL XXL

REGISTRATION FOR (CHECK ONE BOX ONLY):

5K RUN DIVISION 6-13 14-18 19-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+

5K WALKER DIVISION Male Female Under 13

1 MILE FUN RUN DIVISION Parent Child

ENTRY FEES: Early Bird After May 14, 2011

Adult \$25 \$40

Under 13 \$10 \$20

Please make check payable to VCBA and mail to:

Ventura County Bar Association

4475 Market Street, Suite B

Ventura, CA 93003

Phone: (805) 650-7599

In consideration of your accepting this entry, I, the undersigned, for myself, my heirs, executors, administrators, and representatives, hereby waive, release, and discharge any organizations affiliated with the Law Day 5K Run/Walk, including but not limited to the VCBA, the County of Ventura, the City of Ventura, USA Track & Field, and their committees, directors, representatives, agents, volunteers, successors, and assigns from any and all injuries or damages suffered by me in this event, including pre and post race activities. I represent and warrant that I am physically fit and have sufficiently trained for competition in the Law Day 5K Run/Walk & 1 Mile Family Fun Run.

Signature of Participant (Parent/Guardian if under 18) _____ Date: _____

(REQUIRED)